



WORTWELL MARDLER

**September &
October 2023**



COMMUNITY HUB
EVERY FRIDAY

<https://www.facebook.com/thecorewortwell>

FRIDAY 1ST SEPTEMBER
& 6TH OCTOBER

AND THE FIRST FRIDAY OF EVERY MONTH



BINGO : QUIZ : THEMED NIGHTS : GAMES
BAR OPEN 7.30 - 10.30PM

Wortwell Community Centre Charity # 1025885



COMMUNITY HUB
EVERY FRIDAY

<https://www.facebook.com/thecorewortwell>

FRIDAY 13TH OCTOBER



CASH PRIZE

TEAMS OF 6
£1 PER PLAYER

BINGO : QUIZ : THEMED NIGHTS : GAMES
BAR OPEN 7.30 - 10.30PM

COMMUNITY SPEEDWATCH



Wortwell Parish Council, in liaison with Norfolk Police, intends to set up a Community Speed Watch and is looking for village volunteers to come forward to make this happen.

Community Speed Watch is a community operated initiative designed to allow volunteers to officially monitor and report to the Police details of speeding vehicles in areas of concern to the community. Community Speed Watch is not enforcement.

The initiative allows members of the community to address speeding issues by becoming actively involved in road safety, using speed detection equipment to monitor speeds from safe locations. The aim is **NOT** to catch as many speeding drivers as possible but to raise awareness that excessive speeds are socially unacceptable. We aim to reduce speed in areas of concern and address issues from our community by raising awareness.

To set up a scheme:

- We must have a minimum of 6 volunteers.
- All the volunteers must be over 18 years old.
- The scheme must have a Co-ordinator (who will be the point of contact for the team) and where possible a Deputy.
- Volunteers will have to sign a Community Speed Watch agreement and be vetted.
- Equipment will be provided by the Constabulary
- Training will be provided on using the equipment and on Health and Safety issues.
- Volunteers will be covered by the Constabulary's insurance.
- Locations chosen will be assessed by the Constabulary.

If you are interested in volunteering and/or to discuss moving forward in setting up the Community Speed Watch scheme, please contact
Samantha Homewood at
Samantha.homewood71@gmail.com



**COMMUNITY HUB
EVERY FRIDAY**

www.wortwellcore.co.uk



<https://www.facebook.com/thecorewortwell>

**FRIDAY 8TH SEPTEMBER
GAME STARTS AT 8PM**

£3 ADULTS £1.50 CHILDREN



BINGO : QUIZ : THEMED NIGHTS : GAMES

BAR OPEN 7.30 - 10.30PM



Wortwell Community Centre Charity # 1025885


Woof, Woof, Everyone!

The summer is here, and it's still raining, with lots of lovely mud and puddles to enjoy and roll in.


There have been mixed scores on the quizzes we go to at Wortwell, we were 5/6, but we won the quiz at the Harleston Tearooms; we were so shocked; it must be a one-off. Thank you to the humans who attended and raised money for Guide Dogs.

We had a lovely day at the Medham and Wiverdaale Stret Fayre, lots of little humans came to tickle us, and lots of dogs to woof with as there was a dog show. As GDs, we are not allowed to join in, and as I'm so handsome, I'd win anyway. One really loveyl lady gave us doggie ice cream; it was lick nose yummy.

Winnie  & Birdie  were with us, and they loved it too.

Winnie  had a lovely time at Auntie Teresa and Uncle Mike's while her mum was in India with the Guides.

One evening just as we were settling down for a snooze, we went to the old church in North Cove, full of flowers; a window was all about Guide Dogs made by Mu. Me & Ronda thought we had to be quiet in churches; I'm usually told off for snoring, but this time no dozing as sailors: The Lowestoft Longshoremen sang some happy, loud songs.

Dad and Ronda  went to a meeting, and they talked about pooh

bins and narrow pavements. Some humans leave pooh in bags in trees; r they trying to feed the birds? Well, twitters are not very keen on it. Also, Ronda wanted to say she needs to walk next to Dad when they r out training, and some times the path is too narrow as there are big bushes, so she has to train on the road, and she gets scardy.

A big thank you to the people who buy things from the end of our drive and make donations. My puppy fund is coming along nicely, so we'll soon be naming another pup. All my suggestions of Flash, Cuddles, Rover, Handsome, Twinkle and Barbie have been turned down by Dad. He wants Wortwell but'll have to wait for Guide Dogs to decide.

Stay safe, and enjoy puddles!

Woof! Woof!

Vinny  & Ronda 





Vinny says, "Help!"



Your Guide Dog Puppies, Buggy & Wheelchair Users need your help.

In Wortwell, some pavements are overgrown and disappearing.

Often two people cannot walk together or push a buggy or wheelchair on the pavement or train a Guide Dog puppy.

So... we must walk on the road and around cars.

The traffic in the village can be high-speed.

It's Dangerous!

**Please cut your hedge and
clear the pavement near
you.**

Thank you, Woof! Woof! 🐾

Sunday Services at Wortwell URC on the High Road

****CHANGE OF VENUE****

At the time of writing, the chapel is closed on the grounds of Health and Safety because of concerns over the state of the roof and ceiling. Reports, surveys and quotes are being obtained.

However, The CORE has come up trumps! We are able to use either the Waveney Room (WR) or the Redenhall Room (RR) for our Sunday morning worship most weeks. There is a chance we shall be back in the chapel sooner than expected but, if not, here is the plan for September and October. If you need further details please phone 01986 789176.

3 September	9.30am	Redenhall
10 September	10.45am	Partnership Service at Emmanuel, Bungay
17 September	9.00am	RR at the Core with Holy Communion led by Rev Katie
24 September	9.00am	WR at The CORE
1 October	9.30am	Redenhall
8 October	9.00am	WR at The CORE with Holy Communion ed by Rev Bruno
15 October	9.00am	RR at The CORE led by Julia Awty
22 October	9.00am	WR at The CORE led by Dorothy Courtis
29 October	9.00am	WR at The CORE led by George Long

Thanks to a member of the congregation who will bring her keyboard, music will be provided. You are all very welcome to join us.

St. Mary's Church, Redenhall

Sun 3 Sept 9.30am (13th after Trinity) Holy Communion (BCP)

Sun 10 Sept No Service

Sun 17 Sept 6.00pm (15th after Trinity) Evening Prayer (CW)

Sun 24 Sept 9.30am (16th after Trinity) Prayer (BCP)

Sun 1 Oct 9.30am (17th after Trinity) Holy Communion (CW)

Sun 8 Oct No Service

Sun 15 Oct 6.00pm (19th after Trinity) Evening Prayer and
Harvest Festival (BCP)

Sun 22 Oct 9.30am (12th after Trinity) Morning Prayer (CW)

Sun 29 Oct (Last after Trinity – Bible Sunday)
No Service CLOCKS GO BACK!



WORTWELL & HARLESTON PARISH WALKS

Over the past couple of years, many people are walking more than usual and may be interested in finding new walks. The Walking in Suffolk website www.walkinginengland.co.uk/suffolk/bungay.php has many walks available for free download and printing.

Contact details for all the walking groups in the county can be found on the website.

With walks from half a mile to over 12 miles, and a note of suitability for pushchairs and wheelchairs, whether you want to walk on your own or with a group, all the information is in once place.

PLEA FROM WORTWELL PARISH COUNCIL

Could property and landowners please ensure that their hedges and plants remain inside their own boundaries and that public footpaths are cleared of overgrowth to enable walkers and ramblers to pass freely.

A period of amnesty throughout September and October will apply. Thereafter, if not dealt with, the Parish Council will have to approach the South Norfolk Council enforcement officer to resolve and pass on any costs to the landowner or property owner.

Thank you.

Welcome to Autumn

The autumn comes dancing and shaking the trees,
Brushing the white clouds and cooling the breeze,
Then painting the leaves, the bracken, the hills
She dances down waterfalls, gullies and ghylls.
Woodsmoke is curling and scenting the air,
As autumn weaves magic around everywhere,
A time for reflection now summer has gone,
A time of contentment though winter creeps on.
So welcome bright autumn, rejoice in her stay,
For very soon autumn goes dancing away.

Iris Hesselden

OUR NATURE RECOVERY

The Government has set a target to build back nature in a 25-Year-Plan. However, time is not on our planet's side and immediate action is needed. They are encouraging County Councils to define and implement Local Nature Recovery Strategies to deliver a Nature Recovery Network across the country. Norfolk and Suffolk County Councils are working together on our regional Strategies. They are looking at both a top-down and bottom-up approach. The top-down element will be driven by national, regional and local government. The bottom-up element will be driven by the people.



Harleston has already implemented a bottom-up framework with their 'Nature Recovery in Harleston' initiative. In 2022, following the adoption of the Neighbourhood Plan, Redenhall with Harleston Town Council took an imaginative step by declaring the parish to be its own local Nature Recovery Area.

This is a community driven non-bureaucratic effort where everyone has a role to play. It provides a 'badge' under which we can work together. Every positive thing we do to help the natural world, from feeding the birds and planting wildflowers to leaving rough areas in gardens, they all count. The garden area in England is much larger than that of our national nature reserves. The total effect can be far greater than we would initially think.

Many people are already acting in their own gardens. The badge will offer a means to bring together these small acts. It gives us all a voice.

The aim is to expand Nature Recovery to other parishes. Nature does not recognise parish boundaries, why should our work? If you would like to know more, or get involved then please look at: www.ournaturerecovery.org.uk or email info@ournaturerecovery.org.uk

Best Wishes,

Trevor Graham, District Councillor for the Harleston Ward

WHAT'S ON AT HARLESTON LIBRARY

'Meet the Author' event on Saturday 14th October (time tbc) with Katharine Quarmby author of *The Low Road*, a gripping tale set in the Waveney Valley and Harleston in 1813.

Regular weekly events including:

Just a Cuppa on Mondays from 2pm. All Welcome to this drop-in session for a free cuppa, biscuits and chat

Lego Club on Mondays from 3.30pm. Lego based play for children 5-11 years

Bounce & Rhyme on Wednesdays from 10.30pm. Singing sessions for Pre-schoolers. No booking required

Art For Fun for Adults on 1st & 3rd Wednesdays of the month at 2pm

Knit and Natter for Adults on 2nd and 4th Wednesday of the month at 1.30pm

Craft-A-Long (Children) 1st & 3rd Wednesday of the month at 3.30pm

Book Recommendations

The Appeal by Janice Hallett: This murder mystery has a very interesting structure as it is told entirely through emails, texts, and investigative notes that are made available to two young junior lawyers by their boss.

Lessons in Chemistry by Bonnie Garmus: Set in the US, this book is about the trials and tribulation of the main character Elizabeth Zott who is a chemist by profession but by pure chance ends up hosting a tea time TV cookery programme with a difference

WORTWELL BOOK SWAP

Do you have a love of reading? Do you buy a new book, just to read it once, then don't know where to put it?

Book Swaps are a great way to share your pre-loved books with others to enjoy, discover exciting new books yourself, make new friends- and they are also great for the environment as they reduce waste.

If you would be interested in a Book Swap for Wortwell, please contact Allison on tel: 01986 788116 or email:
allison@wortwellpc.org.uk

PUMPKIN PIE

For the pastry

Sweet shortcrust pastry case or
A packet of ready made
sweet shortcrust pastry



For the pumpkin pie filling

450g/1lb prepared weight pumpkin flesh, peeled and cut into 2.5cm chunks

2 large eggs plus 1 yolk (use the white for another dish)

75g/3oz soft dark brown sugar

1 tsp ground cinnamon

½ level teaspoon freshly grated nutmeg

½ tsp ground allspice

½ tsp ground cloves

½ tsp ground ginger

275ml/10fl oz double cream

Method

1. Pre-heat the oven to 200C/400F/Gas 6.
2. If using a shop bought sweet crust pastry case, use one that is 23cm/9in diameter and 4cm/1½in deep. If using your own pastry, roll it out and use it to line a 23cm/9in pie plate (not loose bottomed). Bake the pastry case blind for 20 minutes.
3. To make the filling, place the pumpkin chunks on a baking tray, cover with foil and roast until tender. This will take about 20-30 minutes, depending on your pumpkin. Press the cooked pumpkin in a coarse sieve and to extract any excess water. Set aside to cool before blending in a food processor, or mashing by hand to a pureé.
4. Lightly whisk the eggs and extra yolk together in a large bowl.
5. Place the sugar, spices and the cream in a pan, bring to simmering point, giving it a whisk to mix everything together. Then pour it over the eggs and whisk it again briefly. Now add the pumpkin pureé, still whisking to combine everything thoroughly.
6. Reduce the oven temperature to 180C/350F/Gas 4. Pour the filling into your pastry case and bake for 35-40 minutes, by which time it will puff up round the edges but still feel slightly wobbly in the centre.
7. Remove the pie from the oven and place the tin on a wire cooling rack. Serve warm or chilled (stored loosely covered in foil in the fridge) with some chilled crème fraîche or whipped cream.

Top 10 Gardening Jobs for September & October

source: www.rhs.org.uk

September

1. Divide herbaceous perennials
2. Pick autumn raspberries
3. Collect and sow seed from perennials and hardy annuals
4. Dig up remaining potatoes before slug damage spoils them
5. Net ponds before leaf fall gets underway
6. Keep up with watering of new plants, using rain water if possible
7. Start to reduce the frequency of houseplant watering
8. Clean out cold frames and greenhouses so that they are ready for use in the autumn
9. Cover leafy vegetables crops with bird-proof netting
10. Plant spring flowering bulbs

October

1. Divide established rhubarb crowns to create new plants
2. Cut back perennials that have died down
3. Divide herbaceous perennials
4. Move tender plants, including aquatic ones, into a greenhouse or conservatory
5. Plant out spring cabbages
6. Harvest apples, pears, grapes and nuts
7. Prune climbing roses
8. Finish collecting seeds from the garden to sow next year
9. Last chance to mow lawns and trim hedges in mild areas
10. Renovate old lawns or create new grass areas by laying turf



WORTWELL PARISH COUNCIL

Chairman: Clive Aylett Tel: 788432

Hazel Carter Tel: 07769205676 Allison Copeman Tel. 788116

Daphne Cook Tel. 788303 Bill Eddy Tel. 788332

Julie Worley Tel. 788163 Robert Hadingham Tel. 788622

Parish Clerk: Lua Leggett Tel. 01986 788789

email: lua@wortwellpc.org.uk

Next meetings:

Parish Council Meetings

Monday 25 September & Monday 30 October

Members of the public are welcome to attend the meeting and there will be an opportunity for public participation. Meetings begin at 7.30pm and are held in the Waveney Room at Wortwell CORE.

Please note that the Parish Council's Minutes and Agendas can be viewed on the Council's website at

[http:// wortwellpc.norfolkparishes.gov.uk](http://wortwellpc.norfolkparishes.gov.uk)

ADVERTISING & CONTENT FOR MARDLER

If you would like to advertise your business in the Mardler, the costs are £8 for ¼ page per issue, £15 for ½ page per issue or £30 for a full page per issue. We would particularly like to receive news from villagers and local clubs and groups, celebrations, good news stories etc.

Items for the next issue of the Wortwell Mardler should be submitted via email to allison@wortwellpc.org.uk by Friday 20 October.

USEFUL INFORMATION: COST OF LIVING, BENEFITS AND MORE

Norfolk County Council: www.norfolk.gov.uk/what-we-do-and-how-we-work/campaigns/help-with-living-costs

Help for Households: helpforhouseholds.campaign.gov.uk

Benefits Guide: BenefitsGuide.co.uk

Age UK: www.ageuk.org.uk/information-advice/money-legal/benefits-entitlements/

GCN ELECTRICAL LTD

DOMESTIC + COMMERCIAL
ELECTRICIAN

NICEIC PART P INSTALLER

FREE ESTIMATE
CONTACT GARRY

Tel: 01986 788568
Mob: 07779 781158

DOMESTIC
INSTALLER NO. D100249



MOBILE LIBRARY

Visiting Wortwell
Thursday's
4 weekly

Next dates:
26 September
& 24 October

Willow Close 14:15 — 14:35
The Packway 14:40 — 15:00



GOODSWENS GARAGE

CAR AND COMMERCIAL REPAIRS

OUR MOT TESTING STATION IS CLASS 4 AND CLASS 7

24 HOUR RECOVERY SERVICE

60 High Road, Wortwell, IP20 0EF
tel: 01986 788212

NISSAN SPECIALISTS

**Accident and Bodywork Repairs, Insurance
Work Undertaken**

THE WORTWELL CORE PROGRAMME OF CLASSES



MONDAY

2.00 - 4.45pm	Short Mat Bowls	George Rusted	Tel: 789124
7.00 - 9.00pm	Table Tennis	Jerry Copeman	Tel: 788116

THIRD MONDAY OF MONTH

10.00am onwards	University of the Third Age (U3A)		
The Waveney Valley Study Group	Peter Metcalf	Tel: 01379 854872	

TUESDAY

3.45 - 7.45pm	Tap & Ballet (Children)	Julie Ash	Tel: 897034
7.30 - 8.30pm	Aerobics	Julie Ash	Tel: 897034
7.00 - 10.00pm	Carpet Bowls	Pam Howard	Tel: 788541

WEDNESDAY

3.45 - 8.15pm	Tap & Disco (Children)	Julie Ash	Tel: 897034
7.00 - 10.00pm	Short Mat Bowls	George Rusted	Tel: 789124

THURSDAY

6.00 - 6.45pm	Adult Tap	Julie Ash	Tel: 897034
6.45 - 7.30pm	Adult Disco Pop	Julie Ash	Tel: 897034
7.30 - 8.30pm	Adults AeroDance	Julie Ash	Tel: 897034

FIRST THURSDAY OF MONTH

2.00 - 4.00pm	Harleston Flower Club	Jenni Baker	Tel: 782377
---------------	-----------------------	-------------	-------------

Booking Clerk Alison Shailes Tel: 01986 788189

Chairman Bill Eddy Tel: 01986 788332

email: wortwellcore@gmail.com

website: www.wortwellcore.co.uk

Check out our Facebook page