

Following on from the recent headlines around feeding children in need, I thought it might be useful to post information about where to get help locally.

We recognise that sometimes people needed a little extra assistance and we have worked hard over many years to set up community projects such as Community Fridges and our Connectors service. Through this service, 'Community Connectors' from South Norfolk Council's early Help Hub are posted to GP surgeries across the district to offer support to people before they are in crisis.

But we don't just restrict ourselves to helping those with children. Your local council has a well-established support network in place and during this pandemic, we have distributed thousands of food parcels and hardship payments to families in all situations.

We are already working to provide additional help to residents who receive council tax support and housing benefit, but our job is to be there for all families, regardless of circumstances, remembering especially that it is often those with the quietest voices that may need the most help.

Some only need us to solve a small temporary problem, some need longer term assistance. If you need help or know someone who does, it's easy to get in touch.

Here's how:

- visit our website for information about our Help Hub and Community Connectors
- use the online request form
- phone us on 01508 533933
- text ADVICE to 07860 017323
- visit your GP who will put you in contact
- ask your District Councillor who can signpost you to someone who can help

<https://www.south-norfolk.gov.uk/residents/south-norfolk-help-hub>